



The Hills Medical

April 2025 Newsletter



Welcome to The Hills Medical monthly newsletter, your source for the latest news and insights from our medical clinic. Stay informed about health updates and new services.



New flu vaccines are developed each year according to anticipated strains of Influenza. The new Influenza vaccination is made available annually to patients around April/May each year.

The government provides free flu vaccines for all vulnerable patients: Chronic conditions, e.g. asthma, diabetes, kidney disease, heart disease, immunodeficiency etc. Children 6 months old to 4 years inclusive. Over 65 years old and over. Pregnant women.

For those patients not eligible for government-funded flu vaccination, we can provide flu vaccination at a cost of \$20.



SKIN CANCER AFFECTS 2 IN 3

Get checked!
Book your skin check appointment today with Dr Greg Chang.

Covid vaccine are still available – book with our nurse.



Eligibility
Over 65 yrs recommended every 6 months
18-64 yrs recommended every 12 months



my medicare

Stronger links between you and your primary health care team

We are participating in MyMedicare. Patients who are signed up to MyMedicare can receive

- Better continuity of care with us
- Longer funded telehealth consultations with your GP.

Register in your Medicare Online Account or Express Plus Medicare Mobile app or ask us for more information.

What is influenza (flu)?

Influenza (flu) is a highly contagious viral infection of the respiratory tract that can cause severe illness and life-threatening complications (including pneumonia). It affects people of all ages. The flu is a seasonal infection that usually occurs from April to September. Vaccination is key to protecting yourself and those around you from the flu.

The most common symptoms of the flu are: sudden appearance of a high fever (38°C or more), a dry cough, body aches (especially in the head, lower back and legs), feeling extremely weak and tired (and not wanting to get out of bed).

Other symptoms can be: chills, aching behind the eyes, loss of appetite, sore throat, runny or stuffy nose.

We are dedicated to providing excellent healthcare service.
For more information visit our website: hillsmedical.com.au