



The Hills Medical

January 2025 Newsletter



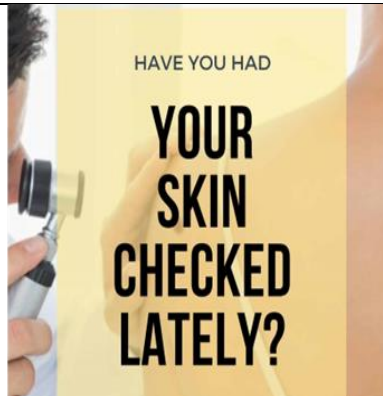
Welcome to The Hills Medical monthly newsletter, your source for the latest news and insights from our medical clinic. Stay informed about health updates and new services.

Heart Health Check



All people aged 45–79 years, people with diabetes from 35 years, First Nations people from 30 years are eligible to have a Heart Health Check which is funded by Medicare.

A Heart Health Check is a 20 minute check-up with your GP or nurse. It can help you understand your chance of having a heart attack or stroke in the next 5 years and what you can do to prevent it.



*Get prepared for summer.
Book your appointment today
with Dr Greg Chang.*

Covid vaccine are still available – book with our nurse.



Eligibility
Over 65 yrs recommended every 6 months
18-64 yrs recommended every 12 months



my medicare

Stronger links between you and your primary health care team

We are participating in MyMedicare. Patients who are signed up to MyMedicare can receive

- Better continuity of care with us
- Longer funded telehealth consultations with your GP.

Register in your Medicare Online Account or Express Plus Medicare Mobile app or ask us for more information.

From all at The Hills Medical, have a happy, safe and healthy 2025.



We are dedicated to providing excellent healthcare service.
For more information visit our website: hillsmedical.com.au