



# The Hills Medical

## November 2024 Newsletter



Welcome to The Hills Medical monthly newsletter, your source for the latest news and insights from our medical clinic. Stay informed about health updates and new services.



### TRAVELLING?

Travel medicine services are essential for individuals embarking on international journeys. The doctors offer comprehensive travel medicine advice ensuring the well-being of their patients during their trips. Travel services encompass pre-travel consultations, vaccinations, and personalised health advice tailored to destination-specific risks by providing expertise on prevalent diseases, travel safety measures, and necessary vaccinations.

#### Vaccinations

We offer the following vaccines:

- Whooping Cough (Pertussis) Tetanus Diphtheria
- Polio Pertussis Tetanus Diphtheria Vaccine
- Polio Vaccine
- Chicken Pox Vaccine
- Flu Vaccine
- Hepatitis A & Typhoid Vaccine
- Hepatitis A & B Vaccine
- Hepatitis B Vaccine
- Meningococcal ACWY Vaccine
- Meningococcal B Vaccine
- Measles Mumps Rubella Vaccine
- Pneumonia Vaccine
- Rabies Vaccine (need to order prior to appointment)
- Shingles Vaccine
- Typhoid Vaccine (injection only, no oral)



### Skin Checks

*Get prepared for summer.  
Book your appointment today  
with Dr Greg Chang.*

Covid vaccine are still available – book with our nurse.



#### Eligibility

Over 65 yrs recommended every 6 months  
18-64 yrs recommended every 12 months



my medicare

### Stronger links between you and your primary health care team

We are participating in MyMedicare. Patients who are signed up to MyMedicare can receive

- Better continuity of care with us
- Longer funded telehealth consultations with your GP.

Register in your Medicare Online Account or Express Plus Medicare Mobile app or ask us for more information.

### Movember

Men's Health Awareness Month



The Independent Health Practitioners offer comprehensive men's health care at The Hills Medical. Services focus on preventative measures, early detection, and tailored treatments for men's health concerns. From routine check-ups to specialised screenings, the doctors provides personalised care, addressing issues such as cardiovascular health, prostate screenings, and mental well-being. We prioritize open communication, ensuring that patients feel comfortable discussing any health-related concerns.

**We are dedicated to providing excellent healthcare service.**

**For more information visit our website: [hillsmedical.com.au](http://hillsmedical.com.au)**